

First Trimester Screening Report**Arbina Sheikh**Date of birth: 23 May 1995
Referring doctor: Dr. KokareExamination date: 25 August 2023
Patient id: 752**History**

Ethnic origin: South Asian (Indian, Pakistani, Bangladeshi).

Parity: 0; Spontaneous deliveries between 16-30 weeks: 0.

Maternal weight: 69.0 kg; Height: 160.0 cm.

Smoking in this pregnancy: no; Diabetes Mellitus: no; Chronic hypertension: no; Systemic lupus erythematosus: no; Antiphospholipid syndrome: no.

Conception: spontaneous;

Last period: 25 May 2023

EDD by dates: 29 February

First Trimester Ultrasound

US system: Voluson E 10 (BT 20). View: good.

Gestational age: 13 weeks + 1 days from dates

EDD by scan: 29 February

Findings	alive fetus
Fetal heart activity	visualised
FHR	152 bpm
Crown-rump length (CRL)	72.6 mm
Nuchal translucency (NT)	1.50 mm
Biparietal diameter (BPD)	25.9 mm
Head circumference (HC)	89.5 mm
Abdominal circumference (AC)	69.9 mm
Femur length (FL)	11.1 mm
Intracranial translucency	present, 1.9 mm
Ductus Venosus PI	0.84
Placenta	appears normal
Amniotic fluid	normal

Chromosomal markers:

Nasal bone: present; Tricuspid Doppler: normal.

Fetal anatomy:

Skull/brain: appears normal; Spine: appears normal; Heart: four chambers three vessels seen; Abdomen: appears normal; Stomach: visible; Bladder / Kidneys: visible; Hands: both visible; Feet: both visible.

Comments: BS:BSOB ratio- 0.68.

Uterine artery mean PI:	1.385	equivalent to 0.897 MoM
Mean Arterial Pressure:	93.333 mmHg	equivalent to 1.0808 MoM
Endocervical length:	38.0 mm	

Risk calculation

Patient counselled and consent given.

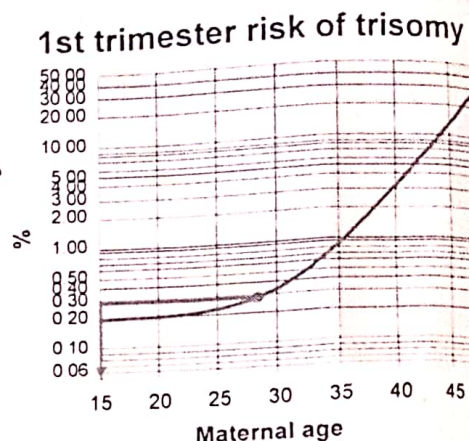
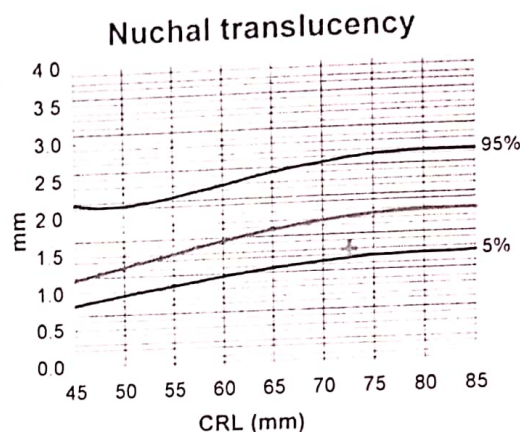
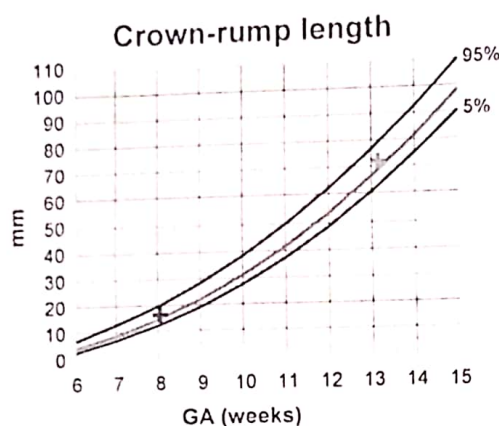
FMF Operator: Sonal Phadtare, FMF Id: 198408

Condition	Background risk	Adjusted risk
Trisomy 21	1 in 801	1 in 15171

Trisomy 18 1 in 2036 1 in 10913
 Trisomy 13 1 in 6366 <1 in 20000

Preeclampsia before 37 weeks 1 in 115
 Fetal growth restriction before 37 weeks 1 in 218
 Spontaneous delivery before 34 weeks 1 in 788

The background risk for aneuploidies is based on maternal age (28 years). The adjusted risk is the risk at the time of screening, calculated on the of the background risk and ultrasound factors (fetal nuchal translucency thickness, nasal bone, tricuspid Doppler, fetal heart rate).
 Risks for preeclampsia and fetal growth restriction are based on maternal demographic characteristics, medical and obstetric history, mean arterial pressure (MAP) and uterine artery Doppler. The risk of spontaneous delivery before 34 weeks is based on maternal characteristics, obstetric history and cervical length.
 Biophysical marker medians used to calculate MoMs are corrected as necessary according to several maternal characteristics including racial or weight, height, smoking, method of conception and parity.
 The estimated risk is calculated by the FMF-2018 software (version 4.4) and is based on findings from extensive research coordinated by the Fetal Medicine Foundation (UK Registered charity 1037116). The risk is only valid if the ultrasound scan was performed by a sonographer who has been accredited by the Fetal Medicine Foundation and has submitted results for regular audit (see www.fetalmedicine.org).



Doppler ultrasound

Uterine artery 1.070
 PI left 1.700
 PI right 1.385
 Mean PI
 RI left 0.61
 RI right 0.76
 Notch no notch
 Ductus Venosus
 A-wave positive
 PIV 0.84



Cervical assessment

Cervix length 38.0 mm
 Funnelling no
 Comment normal cervical length

Conclusions

Diagnosis No obvious fetal defects
 normal uterine artery Doppler and cervical length
 Conclusion routine scan adequate assessment
 Recommendations Rescan at 18- 20 weeks to assess the fetal anatomy in detail (1st to 10th Octob

Comments

There is single viable intrauterine pregnancy corresponding to dates. The nuchal translucency measurements, nasal bone and heart rate has reduced the maternal age related risk for chromosomal abnormalities from 1 in 801 to 1 in 15171.

Dr. Sonal Phadtare

Fetal Medicine Consultant
PCPNDT Reg. No. PH/CSP/SDH Baramati/746/2021
MBBS., MS (OBGY),
Fellowship in Fetal Medicine
Reg. No.: 2013/05/1597
Mo.: 094209 04242 / Ph.: (02112) 295635

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The nasal bone is present. The Tricuspid valve and Ductus venosus Doppler are normal.

I have offered the option of early risk reassessment for aneuploidies (free bHCG, PAPP-A, PLGF and AFP), i.e. first trimester Quadruple marker test. This also assesses the risk for fetal Neural Tube Defects (NTDs), Fetal Growth Restrictions (FGR) and maternal pre-eclampsia (PE).

If the risk for maternal PE is more than 1:100, scientific evidence based on large study (the ASPRE study) from the Fetal Medicine Foundation, UK, has shown that, administration of Aspirin 150mg to the mother at bedtime, would reduce the effects of PE for the mother by 50-80%.

The cervix measures 38 mm with no evidence of funneling. The uterine artery Doppler is normal for this gestation.

The detection rate for chromosomal abnormalities with various screening tests are as follows-

First trimester NT scan only- 75%

First trimester Combined (NT + maternal blood test)- 80-85%

First trimester Combined test with 1T Quad marker- early screening for aneuploidies + fetal NTDs + FGR + maternal PE- 90% detection rate

Sequential screening (Combined + 2nd trimester Quadruple at 15-19w + Genetic sonogram at 18-20w) - 95%

Maternal blood test for cell free fetal DNA- 99%

Invasive testing (CVS/Amniocentesis), which is the definitive test has a procedure related risk of miscarriage about 1:300.

After counselling, the couple decided against invasive testing.

Please note for all the future visits to ANY SCAN CENTRE, it is mandatory by the GOI to produce prior to the scan

1. Photocopy (xerox) of Government approved photo ID card of the prospective mother (Aadhaar card, passport, voter ID, driving licences etc)
2. Referral letter from your Doctor with Indication for the scan with her/ his SEAL and SIGNATURE.

Also, please keep extra time to fill GOI mandated "F- Form" before the scan which needs to be submitted online prior to the scan.

Please note:

1. All anomalies cannot be ruled out on ultrasound due to technical limitations, maternal factors like amount of liquor, maternal habit, previous scar, advanced gestational age etc. and fetal conditions like multiple pregnancies, fetal position, late appearance of few anomalies etc.
2. Absence of fetal anomalies on ultrasound scan does not absolutely rule out the possibility of having one.
3. The opinion reported is based on data generated by the computer, clinical correlation is required for deciding a treatment plan.

I Dr. Sonal Phadtare, declare that while conducting ultrasound/ image scanning on patient Mrs. Arbina Sheikh, I have neither detected nor disclosed the sex of her fetus to anybody in any manner.

Recommendations Rescan at 18- 20 weeks to assess the fetal anatomy in detail (1st to 10th October)

DR SONAL PHADTARE
JMC 2013/05/1597
Consultant in Fetal Medicine

Dr. SONAL PHADTARE
M.B.B.S., M.S. OBGY
Fellowship in Fetal Medicine
Reg. No. 2013/05/1597

