

9/26/23, 10:21 AM

Doctor-G

UHA/Hsp 114



# L. N. MEDICAL COLLEGE & J. K. HOSPITAL

J. K. TOWN, KOLAR ROAD, BHOPAL

Phone : 0755 - 4087000, 4087006



## OPD REGISTRATION

UHID NO. : LMH2023371985  
 Patient Name : Mrs ARCHANA NANGAL  
 Guardian Name : C/O Vivek Singh Singoria  
 Address : s 14 quality paradise kolar road bhopal,  
 Payer : General

Registration Date : 26-Sep-2023  
 Age / Gender : 30 Year(s)/Female  
 Patient type : New  
 Department : Obstetrics and Gynecology  
 Ayushman Card No : .....

1st visit

Delayed Conception 13+5 wks  
 (By Dating Scan)

Fill Whichever is Applicable

Allergy:

None

Temp: °C/F  
 Pulse: /min  
 R. R.: /min  
 B. P.: 110/70 mmHg  
 SpO<sub>2</sub>: %  
 Pain: /10  
 Weight: 60 kg Kg  
 Height: cm

ANC H/O 4 months Amniotic  
 Clo: Vomiting  
 Nausea  
 Ab pain left side.

D/H: G2P14  
 M/H:

L: 3yr/9f / 1r/1e / A 24. / 25kg  
 incl: APOL)

Lmp: 01/06/23

EDA: 08/03/24

US EDD - 28/3/24

POG: 16 wk 5 d (by Lmp).

Pal H: No H/O DM, HTN, Thyroid. Asthma TB or  
 No any other chronic ill

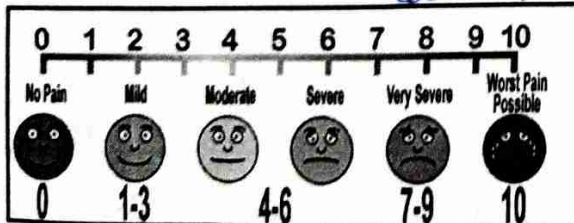
P/H  
 F/H } - NAD  
 O/E

Pl stable  
 Rf low  
 Pallor  
 Cyanosis  
 icterus  
 edema

Adv

DLMP: ADV  
 E DOD: DIPET  
 Gravid: H1V1VDR  
 Para: HB3Ag  
 Abortion: HCV  
 Live: repeat TSH  
 Vision BE: CBC  
 R/E: ABORW  
 L/E:

### Pain Assessment Tool



P/A:

at 18 wks  
 FHS (+)

Next Follow Up:

regular

- To IRON - 100  
 - To Calcimax - 100  
 - Protein powder 2kg c  
 1 liter milk  
 - CBC

- N1-NB scan  
 i Dual marker  
 - Hupc reports

OPD Registration charges 20/- (for 7 days)  
 OPD Registration Free for PMJAY card holders  
 This Report printed by shekhar chouhan  
 Date & Time : 26-Sep-2023 10:21:41 AM

*Signature*  
 9914

Doctor's Name & Signature

27/09/23

26/09/23

↳ Hb - 12.4 gm/dl  
TLC - 10.10 x 9/L  
Plat. Count - 256 / 10 x 9/L  
B.C - A + ve.  
TSH - 2.65  $\mu$ U/ml.  
GCT - 188 ng/dl  
HBSAg - NR  
HCV } NR  
VDRL }

Usg - (Early Anomaly scan)

SLIUP 13wk 6d small for date?  
mistaken dates / delay conception??  
Corrected LMP - 21/6/23  
morphology in normal limits,  
LMP - 1/6/23, C/A (LMP) 16wk sd,  
EDD 7/3/24, placenta Grade I,  
high ant. & now low lying liquor  
adequate

Adv

- Lij 100.5cc  
1/1m stat  
1st dose.
- Diet control
- Diet diary
- GTT (75gm)  $\leftarrow$  F 1hr
- HbA1c.  $\leftarrow$  2hr
- Dual markers

- Review every 1  
15 days

Rashid  
MP-9914

# अकिता विजयवर्गीय

बी. बी. एस., डी. एम. आर डी

आर. आई. फेलोशिप :

वटी हॉस्पिटल, मुंबई

वा हॉस्पिटल, मुंबई

डिप्लोमाजिस्ट :

स हॉस्पिटल, नोएडा

टी. बी. हॉस्पिटल, दिल्ली

री हॉस्पिटल लिमिटेड, कानपुर

हर लाल नेहरू कैंसर हॉस्पिटल, भोपाल

## DR. ANKITA VIJAYVARGIYA

MBBS, DMRD

### MRI FELLOWSHIPS :

- NANAVALI HOSPITAL, MUMBAI
- HINDUJA HOSPITAL, MUMBAI

FMF Certified from

Fetal Medicine Foundation

Reg. No. MP-8932

### FORMER RADIOLOGIST AT:

- FORTIS HOSPITAL, NOIDA
- G.T.B HOSPITAL, DELHI
- REGENCY HOSPITAL LTD, KANPUR
- JAWAHAR LAL NEHRU CANCER HOSPITAL, BHOPAL

PATIENT'S NAME : MRS. ARCHANA

AGE/SEX : 30Y/F

REF. BY : DR. RASHMI BAJPAI

DATE : 26.09.2023

### OBSTETRIC USG (EARLY ANOMALY SCAN)

LMP: 01.06.2023

GA(LMP):16 wk 5d

EDD : 07.03.2024 ✓

- Single live fetus seen in the intrauterine cavity in variable presentation.
- Spontaneous fetal movements are seen. Fetal cardiac activity is regular and normal & is 152 beats /min.
- PLACENTA: is grade I, high anterior & not low lying.
- LIQUOR: is adequate for the period of gestation.

#### Fetal morphology for gestation appears normal.

- Cranial ossification appears normal. Midline falx is seen. Choroid plexuses are seen filling the lateral ventricles. No posterior fossa mass seen. Spine is seen as two lines. Overlying skin appears intact.
- No intrathoracic mass seen. No TR.
- Stomach bubble is seen. Bilateral renal shadows is seen. Anterior abdominal wall appears intact.
- Urinary bladder is seen, appears normal. 3 vessel cord is seen.
- All four limbs with movement are seen. Nasal bone well seen & appears normal. Nuchal translucency measures 2.4 mm (WNL).
- Ductus venosus shows normal flow & spectrum with positive "a" wave (PI ~ 0.95)

#### FETAL GROWTH PARAMETERS

▪ CRL 78.9 mm ~ 13 wks 6 days of gestation.

- Estimated gestational age is 13 weeks 6 days (+/- 1 week). EDD by USG : 27.03.2024
- Internal os closed. Cervical length is WNL (30.1 mm).
- Baseline screening of both uterine arteries was done with mean PI ~ 1.58 (WNL for gestation).
- Date of last delivery 06.10.2020.
- Gestation at delivery of last pregnancy 39 weeks 2 days.

#### IMPRESSION:

- Single, live, intrauterine fetus of 13 weeks 6 days +/- 1 week - Small for date? mistaken dates/ delayed conception ?? cause (Corrected LMP : 21.06.2023).
- Gross fetal morphology is within normal limits.

Follow up at 19-22 weeks for target scan for detailed fetal anomaly screening.

Declaration : I have neither detected nor disclosed the sex of the fetus to pregnant woman or to anybody. (It must be noted that detailed fetal anatomy may not always be visible due to technical difficulties related to fetal position, amniotic fluid volume, fetal movements, maternal abdominal wall thickness & tissue ecogenicity. Therefore all fetal anomalies may not be detected at every examination. Patient has been counselled about the capabilities & limitations of this examination.)

(DR. ANKITA VIJAYVARGIYA)

# First Trimester Screening Report

Nangal Archana

Date of birth : 15 August 1993, Examination date: 26 September 2023

Address: hno. s-14, danish kunj kolar  
road  
Bhopal  
INDIA

Referring doctor: DR RASHMI BAJPAI

## Maternal / Pregnancy Characteristics:

Racial origin: South Asian (Indian, Pakistani, Bangladeshi).

Parity: 1; Deliveries at or after 37 weeks: 1.

Maternal weight: 60.0 kg; Height: 152.4 cm.

Smoking in this pregnancy: no; Diabetes Mellitus: no; Chronic hypertension: no; Systemic lupus erythematosus: dont know; Antiphospholipid syndrome: dont know; Preeclampsia in previous pregnancy: no; Previous small baby: no; Patient's mother had preeclampsia: no.

Method of conception: Spontaneous;

Last period: 01 June 2023




EDD by dates: 07 March 2024

## First Trimester Ultrasound:

US machine: logiq f6. Visualisation: good.

Gestational age: 13 weeks + 6 days from CRL

EDD by scan: 27 March 2024

Findings	Alive fetus	
Fetal heart activity	visualised	
Fetal heart rate	152 bpm	
Crown-rump length (CRL)	78.9 mm	
Nuchal translucency (NT)	2.4 mm	
Ductus Venosus PI	0.950	
Placenta	posterior high	
Amniotic fluid	normal	
Cord	3 vessels	

## Chromosomal markers:

Nasal bone: present; Tricuspid Doppler: normal.

## Fetal anatomy:

Skull/brain: appears normal; Spine: appears normal; Heart: No TR.; Abdominal wall: appears normal; Stomach: visible; Bladder / Kidneys: visible; Hands: both visible; Feet: both visible.

Uterine artery PI:	1.58	equivalent to 1.060 MoM
Mean Arterial Pressure:	84.6 mmHg	equivalent to 1.010 MoM
Endocervical length:	30.1 mm	

## Risks / Counselling:

Patient counselled and consent given.

Operator: DR. ANKITA VIJAYVARGIYA, FMF Id: 204664

Condition	Background risk	Adjusted risk
Trisomy 21	1: 666	1: 13315
Trisomy 18	1: 1738	<1: 20000
Trisomy 13	1: 5421	<1: 20000
Preeclampsia before 34 weeks		1: 1506

WIT 52149

High 5 ft

DOB - 15/08/1993