



ASHOK JYOTI MEDI CENTRE

Centre for Ortho & Gynae Care

Dr Ashok Dixit

MS (Ortho)

Orthopaedic, Joint Replacement
& Spinal Surgeon

Dr Jyoti Dixit

MBBS, DGO

Obst & Gynaecologist

On Mrs Anupama
40 yrs

1 missed abms

FTCS mch 8/23 Amer 5/23

1/11/23

M2 amp- 13/4/23 P/A is 20ms
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The Fetal Medicine Centre

A UNIT OF MEDISCAN CENTRE

Near Jain Temple Sadar Bazar, Jhansi (U.P.) ☎ 9621257135, 9918530802



REFERRED BY DR JYOTI DIXIT MBBS DGO

Patient ID: E504492309116

Second Trimester Ultrasound

Patient: ANUPAMA RICHARIYA DOB: 15-12-1981

Exam date: 01-11-2023

Indication Fetal anatomy survey

History
General History Blood group: A, Rh positive. Smoking: no. Height 152 cm, 5 ft 0 in
Weight : 60 kg
OB History Gravida 3. Para 1
Children born living at term 1. Miscarriages 1

Method Transabdominal ultrasound examination. View: Sufficient

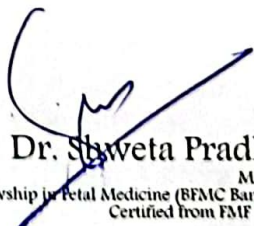
Pregnancy Singleton pregnancy. Number of fetuses: 1

Dating

	Date	Details	Gest. age	EDD
LMP	13-06-2023		20 w + 1 d	19-03-2024
Conception		Conception: spontaneous		
U/S	01-11-2023	based upon AC, BPD, Femur, HC	20 w + 3 d	17-03-2024
Agreed dating	based on the LMP		20 w + 1 d	19-03-2024

General Evaluation
Cardiac activity present. FHR 145 bpm. Fetal movements: visualised. Presentation:
Unstable lie
Placenta: anterior
Amniotic fluid: normal amount

Maternal Structures
Cervix Cervical length 29.2 mm
Funnelling absent


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JHANSI'S



Fetal Biometry

BPD	47.3 mm		57%	AC	155.9 mm		65%
OFD	63.5 mm			Femur	34.0 mm		62%
HC	174.5 mm		34%	Humerus	33.0 mm		
Cerebellum tr	21.9 mm		92%	HC / AC	1.12		22%
Nuchal fold	3.7 mm						

Fetal Weight Calculation:

EFW	367 g		72%	EFW by	Hadlock (BPD-HC-AC-FL)
EFW (lb,oz)	0 lb 13 oz				

Head / Face / Neck Biometry:

BPD / OFD	0.74		11%	CM	6.2 mm		83%
Inner IOD	14.6 mm						

Extremities / Bony Structures Biometry:

Radius	28.2 mm			Ulna	31.4 mm		84%
FL / BPD	0.72		65%	Tibia	29.1 mm		71%
FL / HC	0.19		61%	Fibula	28.9 mm		
FL / AC	0.22		49%				

Maternal Doppler

Right uterine artery:

PI	1.13		85%
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Left uterine artery:

PI	1.00		73%
Mean PI	1.07		79%

Impression: **normal uteroplacental resistance**

Fetal Anatomy The following structures appear normal:

Head / Neck	Cranium. Lateral ventricles. Choroid plexus. Midline falx. Cavum septi pellucidi. Cerebellum. Cisterna magna.
Face	Lips. Profile. Nose. Orbits.
Heart / Thorax	4-chamber view. RVOT view. LVOT view. 3-vessel view. 3-vessel-trachea view.
Abdomen	Abdominal wall. Cord insertion. Stomach. Kidneys. Bladder. Gallbladder.
Spine	Cervical spine. Thoracic spine. Lumbar spine. Sacral spine.
Extremities / Skeleton	Arms. Hands. Legs. Feet.

Heart / Thorax other: **Echogenic foci seen in left ventricle**

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Impression

Single live intrauterine fetus of gestational age 20 w 3 d.

Placenta- anterior

Liquor – Normal

Estimated fetal weight- 367 g

Follow-up

Advice : Quadruple marker test \NIPT

Follow-up as clinically indicated

Next

Appointment

26-12-2023 (GA 28 w + 0 d), For Growth Scan

Disclaimer

Please note:

she has options of quadruple marker test(can be given upto 20 weeks and 6 days of gestational age)and NIPT . The definitive way to assess the fetal chromosomes at this gestational age is with amniocentesis.

1. All anomalies cannot be ruled out on ultrasound due to technical limitations, maternal factors like amount of liquor, maternal habitus, previous scar, advanced gestational age etc. and fetal conditions like multiple pregnancies, fetal positions, late appearance of few anomalies etc.
2. Absence of anomaly on ultrasound scan does not absolutely rule out the possibility of having one.
3. For detailed evaluation of fetal heart, advanced fetal echocardiography study is required.
4. Counting fingers /toes and examination of ear is not a part of ISUOG protocol for anomaly scan and is not done in this scan.
5. Fetuses with downs syndrome can appear completely normal on a ultrasound scan

Declaration

I Dr Shweta Pradhan, declare that while conducting ultrasonography/ image scanning on Mrs. RICHARIYA ANUPAMA, I have neither detected nor disclosed the sex of her fetus to anybody in any manner.

Dr. Shweta Pradhan
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Fellowship in Fetal Medicine (BFMC Bangalore)
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REPORT

Gender : Mrs. ANUPAMA RICHHARIYA
Age : 38 Years 9 Months 6 Days/Female
Ref. by : JYOTI DIXIT MBBS,DGO
Ref. Customer : DSHCC
Specimen Type : Serum
Address : Dr Soni Homeopathy and Cosmetics

Sample ID : A2573793
Reg. No : 0352309170004
Client Code : BGLMP041
Collected On : 17-Sep-2023 10:30 AM
Registered On : 21-Sep-2023 01:50 PM
Reported On : 21-Sep-2023 08:08 PM
Report Status : Final Report



CLINICAL BIOCHEMISTRY

Name	Results	Units	Bio. Ref. Interval	Method
Free FetoProtein	26.1	ng/mL	Refer to Interpretation	CLIA
Human Chorionic Gonadotropin :hCG-Tota	152123	mIU/mL	Refer to Interpretation	CLIA
Unjugated Estriol (uE3)	0.25	ng/mL	Refer Interpretation	CLIA

Used NIPT (Non Invasive Prenatal Test) for aneuploidy detection. NOTE- This is a screening test and depends on facts provided

Interpretation of Results:

High risk means 1 out of 250 women having similar results and history, one may have abnormality

Trisomy 21 (Down's syndrome) : Screen Positive/High Risk: $\leq 1:250$: Screen Negative/Low Risk: $> 1:250$

Trisomy 18 (Edward syndrome) : Screen Positive/High Risk: $\leq 1:250$: Screen Negative/Low Risk: $> 1:250$

Neural tube defects: cut-off 2.5 MoM of AFP

(Multiples of Median) is a measure of how far an individual test result deviates from the median (medians are generated from the Indian subpopulation)

WEEKS OF GESTATION	AFP MEDIANS (ng/mL)	HCG MEDIANS (mIU/mL)	ESTRIOL FREE, MEDIANS (ng/mL)
14	27.20	40370	0.37
15	32.01	32200	0.55
16	37.67	25690	0.76
17	44.33	20490	1.00
18	52.16	16340	1.25
19	61.38	13040	1.50
20	72.33	10400	1.76
21	85.00	8295	1.99
22	100.02	6620	2.30

Calculated risk by PRISCA depends on the accuracy of the information provided by the referring physician. Please note that risk calculations are statistical and have no diagnostic value!

*** End Of Report ***



Dr. Saumya Gupta
MD DNB
Alumnus PGIMER,
Chandigarh

Meenal Garg
Dr. MEENAL GARG
MD (PATHOLOGY)
Director Technical
MBA(Health & Health Sys.
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Page 2 of 2

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REPORT

Date of report: 21/09/2023

Prisca

5.2.0.13

BIOGENE LABS

Patient data				Ultrasound data	
Name	MRS. ANUPAMA RICHHARIYA A25737			Gestational age	13 + 1
Birthday	15/12/1984			Method	CRL measurements
Age at delivery	39.3			Crown rump length in mm	71.1
Patient ID	A2573793			Date	11/09/2023
Previous trisomy 21 pregnancies	no			Nuchal translucency MoM	0.96
				Nuchal translucency	1.70 mm
Correction factors				Nasal bone	present
Fetuses	1	diabetes	no	Sonographer	DR. SHWETA PRADHAN
Weight	60.7	Origin	Asian	Qualifications in measuring NT	M.D
Smoker	no	IVF	no		
Biochemical data				Risks at term	
Sample Date	18/09/2023			Age risk	1:155
Gestational age at sample date	14 + 1			Trisomy 21 risk	>1:50
Parameter	Value	Corr. MoMs		Combined trisomy 21 risk	>1:50
AFP	26.1 ng/ml	0.95		Trisomy 18 risk	<1:10000
HCG	152123 mIU/ml	3.34			
uE3	0.25 ng/ml	0.37			
Risk				Trisomy 21	
				<p>The calculated risk for Trisomy 21 (with nuchal translucency) is above the cut off, which indicates an increased risk.</p> <p>After the result of the Trisomy 21 Test (with nuchal translucency), it is expected that among less than 50 pregnancies with the same data, there is one trisomy 21 pregnancy.</p> <p>The HCG level is high.</p> <p>The uE3 level is low.</p> <p>The calculated risk by PRISCA depends on the accuracy of the information provided by the referring physician. Please note that risk calculations are statistical approaches and have no diagnostic value!</p> <p>The patient combined risk presumes the NT measurement was done according to accepted guidelines (Prenat Diagn 18: 511-523 (1998)).</p> <p><u>The laboratory can not be hold responsible for their impact on the risk assessment ! Calculated risks have no diagnostic value!</u></p>	
Trisomy 18				Neural tube defects	
<p>The calculated risk for trisomy 18 (with nuchal translucency) is < 1:10000, which represents a low risk.</p>				<p>The corrected MoM AFP (0.95) is located in the low risk area for neural tube defects.</p>	

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REFERRED BY DR JYOTI DIXIT MBBS DGO

Patient ID: E504492309116

First Trimester Risk Assessment

Patient: ANUPAMA RICHARIYA DOB: 15-12-1981

Exam date: 11-09-2023

Indication First trimester screening

History
General Smoking: no. Height 152 cm, 5 ft 0 in .
History
OB History Gravida 3. Para 1
Children born living at term 1. Miscarriages 1

Method Transabdominal ultrasound examination. View: Sufficient

Pregnancy Singleton pregnancy. Number of fetuses: 1

Dating

	Date	Details	Gest. age	EDD
LMP	13-06-2023		12 w + 6 d	19-03-2024
Conception		Conception: spontaneous		
U/S	11-09-2023	based upon CRL	13 w + 2 d	16-03-2024
Agreed dating	based on the LMP		12 w + 6 d	19-03-2024

General Evaluation
Cardiac activity present
Placenta: anterior
Amniotic fluid: normal amount

Maternal Structures
Cervix Cervical length 31.9 mm
Funnelling absent
male Right ovarian simple cyst measuring as 2.3 X 3 cm

Fetal Biometry

FHR	157 bpm	—♦—	32%	IT	1.9 mm		
CRL	71.1 mm	—♦—	74%	BS	3.3 mm		
NT	1.70 mm			BSOB	5.0 mm		
BPD	24.5 mm	—♦—	90%	BS / BSOB	0.66		
OFD	29.5 mm			AC	76.0 mm	—♦—	92%
HC	84.4 mm	—♦—	66%	Femur	13.0 mm	—♦—	83%

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Fetal Anatomy The following structures appear normal:

Cranium. Heart. Abdominal wall. Stomach. Kidneys. Bladder. Spine. Arms. Legs.

Fetal Doppler

Ductus Venosus:

PIV 1.24 86%

Maternal Doppler

Right uterine artery:

PI 2.36 94%

Left uterine artery:

PI 1.25 15%

Mean PI 1.81 67%

Impression: normal uteroplacental resistance

Risk Parameters

Maternal Characteristics and History

Age: 41 yrs. Height 152 cm, 5 ft 0 in. Weight 60 kg, 132 lb. Ethnic origin: South Asian. Smoking currently: no. Conception: spontaneous
Diabetes mellitus: no. History of chronic hypertension: no. Systemic lupus erythematosus: no. Antiphospholipid syndrome: no. Maternal family history of preeclampsia: no
Parity (pregnancies after 23 weeks): parous
Previous pregnancy with preeclampsia: no. Previous pregnancy with fetal growth restriction: no
Prev. outcomes 16-30w: 0. Prev. outcomes 31-36w: 0. Prev. outcomes ≥ 37 w: 1
Details of last previous pregnancy >23 weeks: Delivery date: 23-02-2015. Gest. age at delivery: 37 w + 0 d

U/S Markers

Nasal bone: present. Tricuspid regurgitation: absent. Fetal cardiac activity: present. FHR 157 bpm. Ductus ven: PIV 1.24. Holoprosencephaly: no. Diaphragmatic hernia: no. AV-septal defect: no. Exomphalos: no. Megacystis ≥ 7 mm: no.

Biophysical Markers

A. uterine mean PI 1.81, equivalent to 1.1323 MoM.

Risk Assessment

Chosen trisomy screening option: Tr21, Tr18 and Tr13.

Risk at time of screening	Trisomy 21	Trisomy 18	Trisomy 13
Background risk	1 in 51	1 in 130	1 in 406
Adjusted risk	1 in 1,028	1 in 1,603	1 in 8,116

The background risk is based on maternal age. The adjusted risk (risk at time of screening) is calculated on the basis of the background risk, ultrasound markers (nuchal translucency, nasal bone, ductus venosus Doppler, tricuspid Doppler and fetal heart rate).

Risk for preeclampsia before 37 weeks 1 in 66.

Risk for fetal growth restriction before 37 weeks 1 in 112.

Risk for spontaneous delivery before 34 weeks 1 in 66.

The risk for preeclampsia is based on maternal history and uterine artery mean-PI. The risk for fetal growth restriction is based on maternal history and uterine artery mean-PI. The risk for preterm delivery is based on maternal history.

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The risk assessment was performed by Shweta Pradhan. The estimated risk is calculated by the FMF-01-07-2018 software and is based on findings from extensive research coordinated by the Fetal Medicine Foundation (UK Registered charity 1037116). The risk is only valid if the ultrasound scan was performed by a sonographer who has been accredited by the Fetal Medicine Foundation and has submitted results for regular audit (see www.fetalmedicine.com).

Impression

Single live intrauterine fetus of gestational age 13 w 2 d.
Placenta- anterior
Liquor – Normal

Follow-up

ADV : DUAL MARKER
Follow-up as clinically indicated

Next Appointment

31-10-2023 (GA 20 w + 0 d), For Anomaly Scan

Disclaimer

Please note :

NT scan is done to ascertain the risk for chromosomal aneuploidies
The detection rate for aneuploidies with various screening tests are as follows :

First trimester NT scan only : 75%

First trimester combined (NT + double marker)-80-85 %

NIPT\ cell free DNA -99%

Sequential screening (combined + quadruple + genetic sonogram at (18-20 weeks))-95%

Invasive testing (Amniocentesis 100%) carries a procedure related risk of miscarriage of 1:500.

1. All anomalies cannot be ruled out on ultrasound due to technical limitations, maternal factors like amount of liquor, maternal habitus, previous scar, advanced gestational age etc. and fetal conditions like multiple pregnancies, fetal positions, late appearance of few anomalies etc.

2. Absence of anomaly on ultrasound scan does not absolutely rule out the possibility of having one.

3. The opinion reported is based on data generated by computer, clinical correlation is required for deciding a treatment plan.

Declaration

I Dr Shweta Pradhan, declare that while conducting ultrasonography/ image scanning on Mrs. RICHARIYA ANUPAMA, I have neither detected nor disclosed the sex of her fetus to anybody in any manner.

Dr. Shweta Pradhan

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