

## DISCHARGE SUMMARY



UHID	: 2022027608	Patient Name	: Mr. JAGABANDHU PARIDA	Age/Sex	: 67 Y/Male
Ward/Room/ Bed	: MICU B1/ MICU/11	Admission No.	: 202405835	Consultant	: Dr. AKASH GUPTA
Mobile Number	: 9437185373	Address	: JEMADEI, P.N. COLLEGE		
Admission Date Time	: 08/03/2024 00:09:00	Billing Category	: CASH	Discharge Date Time	: 21/03/2024 13:36:20
Discharge Type	: Regular discharge	MLC Case	: No		

**FINAL DIAGNOSIS:** CA HYPOPHARYNX, ASPIRATIONAL PNEUMONIA, SEPSIS, LARGE RIGHT GANGLIOTHALAMIC ICH WITH INTRA VENTRICULAR EXTENSION, mRS 5

**SURGERY/PROCEDURE DETAILS (With date & intra op finding):** CONSERVATIVE MANAGEMENT

**CHIEF COMPLAINT & HISTORY OF PRESENTING ILLNESS:** Patient was admitted here with complaints of Altered sensorium on 7.3.2024 around 5p.m with Insomnia.

**RELEVANT PAST HISTORY:**

INSOMNIA SINCE 5-7 YEARS

T2DM

HTN

CA HYPOPHARYNX

**ALLERGIC TO:** NOT KNOWN

**STATUS ON ADMISSION:**

- General Examination BP-175/80 MMHG, R/R-19/MIN, H/R-117/MIN, SPO2-94%RA
- Systemic Examination CNS-GCS-E1M1V1, CHEST-B/L CLEAR VBS, CVS- S1S2M0

**CLINICAL COURSE (FROM DOA TO DOD):** He got admitted here with above mentioned chief complaint. On admission necessary investigation were done. On evaluation patient was found Hypernatremia, urea, creatinine was raised. Nephrology consultation was taken. Managed with 3% NS. MRI Brain with contrast was done showed Large Right Gangliothalamic Acute ICH With intraventricular extension and mild mass effect. Enhancing dural thickening in the paramedian aspect of posterior falx with enhancing in left paramedian region. Left posterior occipital region likely dural metastasis. FLAIR hyper intensity along the lining of perimesencephalic and basal cisterns. Cardiac evaluation are done, 2D Echo s/o Normal chambers and valves, Normal LV Systolic function with EF 76%, Trivial TR, No PAH. Managed with IV Antibiotics, Antiepileptic Antihypertensive and other necessary supportive medication. Chest X Rays showed Aspiration Pneumonia. Pulmonology consultation was given. Tracheostomy was done for difficult weaning. mobilization done. Now his GCS was E1V1M4. Hence discharged with following medications and advice.

**UTKAL HEALTHCARE PRIVATE LIMITED**

**INVESTIGATION DONE:** (All Reports Attached)

LABORATORY	RADIOLOGY

**CONDITION AT THE TIME OF DISCHARGE:** satisfactory

**DISCHARGE ADVICE (MEDICATION):**

NEB.BUDECORT AT 6AM,6PM FOR 7DAYS

NEB.DUOLIN AT 6AM,2PM,9PM FOR 7DAYS

TAB.LEVERA 500 AT 10AM,10PM

TAB.PAN 40 AT 6AM

SYP.POTKLOR 15ML TWICE DAILY FOR 3DAYS

INJ ZILIAS 2.5GM IV TWICE DAILY FOR 5DAYS

INJ AZOM 1GM IV TWICE DAILY FOR 5DAYS

**DISCHARGE ADVICE (DIET):** RTF 300ML,3RD HURLY

**DISCHARGE ADVICE (ANY FLUID RESTRICTION) (For Cardiology & Nephrology Pt.):** ADEQUATE

**DISCHARGE ADVICE (PHYSIOTHERAPY):** ALL FOUR LIMBS MOBILIZATION

**DISCHARGE ADVICE (ANY OTHER SPECIAL INSTRUCTION):** CHECK BP ,BS AT HOME,SKIN CARE, SUCTION, MOBILIZATION

We have understood the advice on discharge including medicine dose, duration and steps to be taken in case of emergency & follow up:

(Signature of the Patient/Attendant)

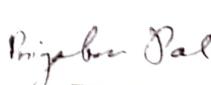
**NEXT FOLLOW UP:** AFTER 3DAYS CHECK CBC,RFT AND INFORM  
AFTER 1 MONTH

**When and how to obtained urgent care:**

In case of fever, cough, swelling, bleeding or any other please contact: 0674-2651200/201,  
+91-6370704001/4002

  
Dr.AKASH GUPTA  
(PRIMARY CONSULTANT)

**DOCTOR INCHARGE:** Dr. AKASH GUPTA

  
(RMO)

**SPECIALTY:** NEUROLOGY

DEPARTMENT OF DIET AND NUTRITION  
DIET PLAN

NAME	
DIET PLAN	RTF 200ML 2ND
CALORIE-	1800KCAL
PROTEIN	70GM

TIME	BLEND NAME	FEEDING DETAILS	AMOUNT
6AM	SAGOOG BLEND	35GMS RAW SAGOOG+ 5 ML OIL+ SALT 1 GM+ WATER+1 SCOOP PENTASURE 2.0 PROTEIN POWDER	200ML
8AM	OATS BLEND	RAW OATS 20GMS+ 1/4H APPLE+ CHHENNA 15GMS/ 1PC EGG WHITE+ 1GM SALT+ 5ML OIL+ WATER	200ML
10AM	CHUDA/ CHHATUA BLEND	20 GMS CHUDA/ CHHATUA+ WATER+1 SCOOP PENTSURE 2.0	200ML
12PM	RICE BLEND	60GMS COOKED RICE+ 100ML DAL+ 100GMS VEGETABLE+ 3ML OIL	200ML
2PM	DAL BLEND	25GMS RAW DAL+ 5ML OIL+ 1 GM SALT+ 1PC EGG WHITE+WATER	200ML
4PM	SUPPLEMENT	PENTASURE 2.0(4 SCOOP) IN 150ML LUKE WARM WATER	200ML
6PM	VEG BLEND	BOLED VEGETABLE+ 1PC EGG WHITE+1 SCOOP PENTASUR E2.0	200ML
8PM	SAGOOG BLEND	35GMS RAW SAGOOG+ 5 ML OIL+ SALT 1 GM+ WATER+1 SCOOP PENTASURE 2.0 PROTEIN POWDER	200ML
10PM	ROTI BLEND	ROTI 1PC+ DAL 100ML+COOKED VEGETABLE 100GMS+ 5ML OIL+ WATER	200ML

PREPARATION PROCESS:-

Boiled all ingredient, then grind it, then strain it. Mix water and make it thin.

Arundhati Manna  
DIETICIAN SIGNATURE

( 8399852052 )