

Dr. Sahu's Arthritis & Pain Clinic (SAPC)

डॉ. राहुल साहू

(गठिया रोग विशेषज्ञ)

एम.बी. (मेडिसिन), फेलोशिप इन क्लीनिकल इम्यूनोलॉजी
एवं र्यूमेटोलॉजी (पी.एम.सी. बेल्लूर)



जीवन बदला सुख जीवन

Dr. Rahul Sahu
(Rheumatologist)

M.D. (Medicine), Fellowship in Clinical Immunology
and Rheumatology (C.M.C. Vellore)

943 : MRS. ANITA KATHANE (34y, Female) - 9977287646

Date: 03-Aug-2024

Diagnosis:

- RHEUMATOID ARTHRITIS
- HYPOTHYROIDISM
- OSTEOARTHRITIS BOTH KNEE

Complaints

- Defaulted medications since 20 days
- Having multiple joint pain
- Persistent hair loss

BP 108 / 76 mmHg Weight 60 kg

General Examination: No pallor, icterus, lymphadenopathy

Assessment: Unonib after workup

Advice:

TB Quantiferon Gold, Mantoux test, Chest X ray - PA View.

Rx

Medicine	Dosage	Timing - Freq. - Duration	Qty
1) TAB. METHORA 15MG Timing : 1 TAB - After Dinner	0 — 0 — 1 (mg)	After Dinner - Weekly, Sat - 10 Days	2
2) TAB. LEFRA 10MG * Timing : 1 TAB - After Breakfast	1 — 0 — 0 (mg)	After Breakfast - Daily - 10 Days	10
3) TAB. THYRONORM 100MCG Timing : 1 TAB - Empty Stomach	1 — 0 — 0 (mcg)	Empty Stomach - Daily - 10 Days	10
4) TAB. GOODVIT 5MG Timing : 1 TAB - Before Breakfast Note: : शनिवार एवं रविवार छोड़कर	1 — 0 — 0 (mg)	Before Food - Daily - 10 Days	10
5) TAB. PROCRINE 40MG Timing : 1 TAB - Before Breakfast	1 — 0 — 0 (mg)	Before Breakfast - Daily - 10 Days	10
6) TAB. VOVERAN SR 75MG * Timing : 1 TAB - After Breakfast, 1 TAB - After Dinner Note: : and then SOS (maximum 2 tablets/day)	1 — 0 — 1 (mg)	After Food - Daily - 7 Days → SOS	30

CXR PAV

Dr. Rahul Sahu
(Consultant Rheumatologist)
For appointment: 8310983110

