

Patient name	Mrs. JAYA MAHESH DHAVAK	Age/Sex	34 Years / Female
Patient ID	D24407	Visit No	1
Referred by	Dr. KARUNA MURKEY	Visit Date	16/04/2025
LMP Date	21/01/2025 LMP EDD: 28/10/2025[12W 1D]		

OB - First Trimester Scan Report

Indication(s)

FIRST TRIMESTER NUCHAL TRANSLUCENCY AND ANOMALY SCAN

Real time B-mode ultrasonography of gravid uterus done.

Route: Transabdominal

Single intrauterine gestation

Maternal

Cervix measured 3.10 cms in length.

Right uterine PI : 2.7.

Left uterine PI : 1.9.

Mean PI : 2.30 (84%ile)

Fetus

Survey

Placenta	: Anterior not low lying.
Liquor	: Normal
Umbilical cord	: Two arteries and one vein
Fetal activity	: Fetal activity present
Cardiac activity	: Cardiac activity present Fetal heart rate - 147 bpm

Biometry(Mediscan, Hadlock)

BPD 20 mm 12W 5D			HC 77 mm 12W 5D			AC 59.71 mm 13W			FL 7 mm 12W		
5%	50%	95%	5%	50%	95%	5%	50%	95%	5%	50%	95%
*	*	*	*	*	*	*	*	*	*	*	*

CRL - 64 mm(12W 5D)

Aneuploidy Markers

Nasal Bone : seen

Nuchal translucency : 2 mm.

Ductus venosus : normal flow.

Tricuspid regurgitation : No evidence of tricuspid regurgitation..

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Fetal Anatomy

Head: normal, Neck: normal, Spine: normal, Face: normal, Thorax: normal, Heart: normal, Abdomen: normal, KUB: normal, Extremities: normal
Head :Both lateral ventricles seen. Intracranial translucency appeared normal.
Face :Orbits and Premaxillary triangle seen
Heart :Heart - Two inflows and outflows imaged in colour.

Impression

INTRAUTERINE GESTATION CORRESPONDING TO A GESTATIONAL AGE OF 12 WEEKS 1 DAY

GESTATIONAL AGE ASSIGNED AS PER LMP

PLACENTA - ANTERIOR NOT LOW LYING.

LIQUOR - NORMAL

MATERNAL - RIGHT UTERINE ARTERY DOPPLER SHOWS HIGH RESISTANCE TO FLOW

- (PI > 95 %tile) s/o increased risk of fetal growth restriction and / or preterm pre eclampsia.

SUGGESTED

1. COMBINED FIRST TRIMESTER SCREENING FOR DOWNS SYNDROME.(Blood test cut off CRL 84mm)
2. KINDLY CONSIDER STARTING LOW DOSE ASPIRIN IN VIEW OF INCREASED UTERINE ARTERY PI.
(150 mg as per new ASPRE trial)
3. DETAILED ANOMALY SCAN AT 20 WEEKS.

(Please bring referral letter.)

Note - Nuchal translucency NT was measured as per FMF (Fetal Medicine Foundation U.K.) Guidelines.

I Mrs. Jaya Dhavak..... Declare that while undergoing Ultrasonography, I do not want to know the sex of my fetus.

DECLARATION - I declare that while conducting ultrasonography / image scanning, I have neither detected nor disclosed the sex of the fetus to anybody in any manner. All congenital anomalies and genetic conditions may not be detected on ultrasonography due to limitations like fetal position, amount of liquor, previous scars, Small VSDs, late appearance of few anomalies, TO fistula and structures that are not part of routine imaging protocol. Detailed fetal echo not included in this scan.

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