Dr. Pooja Shrivastava

MBBS
MS (Obstetrics & Gynaecology)
Reg No. MP-4298

- Ex. Resident Gynaecologist MY Hospital Indore.
- Trained in Obstetric Ultrasonography, Wadia Hospital Mumbai.
- Ex. Consultant Gynaecologist and Sonologist Urban RCH programme J P Hospital, Bhopal.

Obstetrician & Gynaecologist

Trained in : Gynaecological Endoscopy Laparoscopy & Hysteroscopy. Obstetric & Gynaecological Ultrasonography Laparoscopic Sterlization & Family Planning

nsultation fee valid for 3 visits/15 days whichever is earlier in routine
d hours only (Monday to Saturday)

Name	:	MRS. SHREYA VERMA	Age/Sex :	26 Years / Female	LH-A-012080
ddress	:	Kolar Road Bhopal	Mobile No.:	9993158179	Date : 29-May-2025

BP 111/71
Pulse 112/mi-
SpO2 98%.
Wi 71.0 kg

Rp

○ Tab Nausium ⊙ 1 hs
→ Tab Endogest SR 100 mg BD
○ Tab _____ 100 ;
○ Tab Aquavit 100.

In Emergency Call : 9425005377

Email id : poojadr2003@gmail.com

LOTUS HOSPITAL
M-351, Rajharsh Colony, Nayapura, Kolar main road, Bhopal
Ph.: 0755-4093322, 8085441332

Lotus Hospital

Signature

205. mrs Shreya Verma.

24yrs

Nurse

DOB - 28/08/1998.

Hight - 5.2Im

wst - 71.0kg

ं. अंकिता विजयवर्गीय

DR. ANKITA VIJAYVARGIYA
MBBS, DMRD

बी. बी. एस., डी. एम. आर. डी

आर. आई. फैलोशिप :

वटी हॉस्पिटल, मुंबई

जा हॉस्पिटल, मुंबई

रेडियोलाजिस्ट :

रस हॉस्पिटल, नोएडा

टी . बी. हॉस्पिटल, दिल्ली

पी हॉस्पिटल लिमिटेड, कानपुर

हर लाल नेहरू कैंसर हॉस्पिटल, भोपाल

MRI FELLOWSHIPS :
- NANAVATI HOSPITAL, MUMBAI
- HINDUJA HOSPITAL, MUMBAI

FORMER RADIOLOGIST AT:
- FORTIS HOSPITAL, NOIDA
- G.T.B HOSPITAL, DELHI
- REGENCY HOSPITAL LTD, KANPUR
- JAWAHAR LAL NEHRU CANCER HOSPITAL, BHOPAL

FMF Certified from
Fetal Medicine Foundation
Reg. No. MP-8932

PATIENT'S NAME : MRS. SHREYA

AGE/SEX : 26Y/F

REF. BY : DR. POOJA SHRIVASTAVA (MBBS, MS)

DATE : 29.05.2025

OBSTETRIC USG (EARLY ANOMALY SCAN)

LMP: 07.03.2025   GA(LMP):11wk 6d   EDD : 12.12.2025

- **Single live fetus** seen in the intrauterine cavity in **variable** presentation.
- Spontaneous fetal movements are seen. Fetal cardiac activity is regular and normal & is 170beats /min.
- PLACENTA: is **grade I, posterior with lower edge completely covering the os** .
- LIQUOR: **is adequate** for the period of gestation.

Fetal morphology for gestation appears normal.

- **Cranial ossification appears normal. Midline falx is seen. Choroid plexuses are seen filling the lateral ventricles. No posterior fossa mass seen. Spine is seen as two lines. Overlying skin appears intact.**
- **No intrathoracic mass seen. No TR .**
- **Stomach bubble is seen. Bilateral renal shadows is seen. Anterior abdominal wall appears intact.**
- **Urinary bladder is seen, appears normal. 3 vessel cord is seen.**
- **All four limbs with movement are seen. Nasal bone well seen & appears normal. Nuchal transluscency measures 1.7 mm (WNL).**
- **Ductus venosus shows normal flow & spectrum with positive "a" wave (PI ~ 0.90)**

FETAL GROWTH PARAMETERS

CRL	59.5	mm	~	12	wks	3	days of gestation.	

- Estimated gestational age is **12 weeks 3 days** (+/-.1 week). **EDD by USG** : 08.12.2025
- Internal os closed. Cervical length is WNL (36.1 mm).
- Baseline screening of both uterine arteries was done with mean PI ~ 1.24 (WNL for gestation).
- Date of last delivery 05.11.2023 .
- Gestation at delivery of last pregnancy 35 weeks 5 days.

IMPRESSION:

- Single, live, intrauterine fetus of 12 weeks 3 days +/- 1 week.
- Gross fetal morphology is within normal limits.
- Low lying placenta with lower edge completely covering the os .

Follow up at 19-22 weeks for target scan for detailed fetal anomaly screening.

(DR. ANKITA VIJAYVARGIYA)

First Trimester Screening Report

Verma Shreya

Date of birth : 28 August 1998, Examination date: 29 May 2025

Address: hno. 00, amrawat kala kolar
road
Bhopal
INDIA

Referring doctor: DR. (MS) POOJA SHRIVASTAVA

Maternal / Pregnancy Characteristics:

Racial origin: South Asian (Indian, Pakistani, Bangladeshi).
Parity: 1; 31-36 weeks: 1.
Maternal weight: 70.0 kg; Height: 157.5 cm.
Smoking in this pregnancy: no; Diabetes Mellitus: no; Chronic hypertension: no; Systemic lupus erythematosus: dont know; Antiphospholipid syndrome: dont know; Preeclampsia in previous pregnancy: no; Previous small baby: no; Patient's mother had preeclampsia: no.
Method of conception: Spontaneous;
Last period: 07 March 2025   EDD by dates: 12 December 2025

First Trimester Ultrasound:

US machine: logiq f6. Visualisation: good.
Gestational age: **11 weeks + 6 days** from dates   EDD by scan: 12 December 2025

Findings	Alive fetus
Fetal heart activity	visualised
Fetal heart rate	170 bpm
Crown-rump length (CRL)	59.5 mm
Nuchal translucency (NT)	1.7 mm
Ductus Venosus PI	0.900
Placenta	posterior low
Amniotic fluid	normal
Cord	3 vessels

Chromosomal markers:
Nasal bone: present; Tricuspid Doppler: normal.

Fetal anatomy:
Skull/brain: appears normal; Spine: appears normal; Heart: No TR.; Abdominal wall: appears normal; Stomach: visible; Bladder / Kidneys: visible; Hands: both visible; Feet: both visible.

Uterine artery PI:	1.24	equivalent to 0.770 MoM
Mean Arterial Pressure:	77.7 mmHg	equivalent to 0.900 MoM
Endocervical length:	36.1 mm	

Risks / Counselling:

Patient counselled and consent given.

Operator: DR. ANKITA VIJAYVARGIYA, FMF Id: 204664

Condition	Background risk	Adjusted risk
Trisomy 21	1: 872	1: 17438
Trisomy 18	1: 2085	<1: 20000
Trisomy 13	1: 6552	<1: 20000
Preeclampsia before 34 weeks		1: 10431