

Patient MRN : 10010001084975
Patient Name : Uddhab Das
Gender/Age/Dob : Male , 63 Years , 31/12/61
Patient Phone No : 9101049250
Patient Address : Guwahati,Kamrup,Assam,India, -781012

Consultation Date : 21/05/2025 09:45 AM
Consultant : Dr. Sharat Damodar (ADULT HAEMATO-ONCOLOGY AND BMT)
Consultation Type : VC , REVISIT



The Consultation Summary is generated after a Remote Consultation session

CHIEF COMPLAINTS & HISTORY OF PRESENT ILLNESS

- COMPLETED 3 CYCLES :
OF VRD
- Referred for anemia : 62 year old male .
Non HTN , Non DM .

Initially consulted a cardiologist with c/o dyspnea and chest pain on exertion since 2 months .

CBC showed Hb of 5.1 .
Referred for further management .

No weight loss . No loss of appetite .
C/O Black coloured stools , 2-3 episodes .
No PR bleed .
No back pain .
Consumes Mixed diet .
No blood transfusion in the past .

GENERAL EXAMINATION

- Icterus : Absent
- Pallor : +

SYSTEMIC EXAMINATION

- Per Abdomen : no organomegaly
- Respiratory Examination : NVBS heard

PAST MEDICAL HISTORY

- No significant past medical history

Mazumdar Shaw Medical Center



(A Unit of Narayana Hrudayalaya Limited) CIN: L85110KA2000PLC027497

Hospital Address: Narayana Health City, 258/A, Bommasandra Industrial Area, Anekal Taluk, Bangalore 560099 | Tel +91 80 712 22222 | Fax +91 80 2783 2648

Registered Office Address: 258/A, Bommasandra Industrial Area, Anekal Taluk, Bengaluru - 560099



Appointment
1800 309 0309



Email:
info.msmc@narayanahealth.org



DIAGNOSIS

- 87522002 | Iron deficiency anemia (disorder) , Primary , Final , 13/05/2024
- 109989006 | Multiple myeloma (disorder) , Primary , Final , 02/09/2024

MEDICATION ORDER

<u>DRUG NAME</u>	<u>PATIENT INSTRUCTION</u>
1) ASPIRIN-TABLET-75MG- ECOSPRIN	Once Daily (0 - 1 - 0 - 0) Tablet After Food For 3 Months Qty: 90 Start Date: May 21, 2025 End Date: Aug 18, 2025
2) ACICLOVIR-TABLET-200MG- ACIVIR	Twice Daily After Food For 3 Months Qty: 180 Start Date: May 21, 2025 End Date: Aug 18, 2025
3) DEXAMETHASONE-TABLET-4MG- DECMAX	Once a week (3 - 0 - 0 - 0) Tablet After Food For 3 Months Qty: 39 Start Date: May 21, 2025 End Date: Aug 18, 2025
4) ZOLEDRONIC ACID-INJECTION-4MG /10ML- ZOLASTA	STAT (Immediately) For 1 Day once in 3 months Start Date: May 21, 2025 End Date: May 21, 2025
5) PANTOPRAZOLE-TABLET-40MG- PANTOCID	Once a week Before Food For 3 Months Qty: 13 Start Date: May 21, 2025 End Date: Aug 18, 2025
6) LENALIDOMIDE-CAPSULE-10MG- LENANGIO	Once Daily After Food For 3 Months 3 WEEKS IN A MONTH Qty: 90 Start Date: May 21, 2025 End Date: Aug 18, 2025
7) CALCIUM CARBONATE+VIT D3-TABLET-500MG+250IU- SHELCAL	Twice Daily (1 - 0 - 0 - 1) Tablet For 3 Months Qty: 180 Start Date: May 21, 2025 End Date: Aug 18, 2025

PROCEDURE HISTORY

- Fixation of fracture: 35 years ago
Remarks: Right hip fracture

ALLERGY

- No known allergies

NOTES

• M SPIKE- 1.97. 23.86 KAPPA/LAMBDA(FLC), RATIO 742.85	31.134	LAMBDA, FREE LIGHT CHAIN mg/L KAPPA, FREE LIGHT CHAINmg/L
• PET - NO LYtic LESIONS		
• M SPIKE-0.56 LAMBDA, mg/L 15.43 KAPPA/LAMBDA(FLC), RATIO KAPPA, mg/L 159.61		10.345



NOTES

- m spike- 0.63 k- 131 l- 20 k/l- 6.432 (2/12/24)
- M SPIKE- 0.69 K-160 L- 27 K/L- 5.875 (18/2/25)
- M SPIKE- 0.6 K -2.8 L- 0.9 K/L- 2.99 (14/5/25)

FOLLOW UP DETAILS

- **Physical Consultation for Dr. Sharat Damodar (ADULT HAEMATO-ONCOLOGY AND BMT) after 3 Months** with below investigation results

Follow-up Investigation

SERUM FREE LIGHT CHAIN ASSAY | PROTEIN ELECTROPHORESIS, SERUM INCLUDES TOTAL PROTEIN, ELECT | RENAL PACKAGE - 2 (RFT RANDOM) | LIVER FUNCTION TEST(LFT) | COMPLETE BLOOD COUNT (CBC)

SOCIAL HISTORY

- Alcohol Consumption
QUIT SINCE 1 MONTH.
- Smoking
QUIT SINCE 1 MONTH.
- Tobacco Chewing
QUIT SINCE 1 MONTH.

FAMILY HISTORY

- No significant family history

CONSULTANT DETAILS

1

Dr. Sharat Damodar - Senior Consultant & HOD - ADULT HAEMATO-ONCOLOGY AND BMT

One free consultation with the same doctor within next 6 days

Printed By: Dr. Sharat Damodar | Printed On: 21/05/2025 09:54