

डॉ. अंकिता विजयवर्गीय

एम. बी. बी. एस., डॉ. एम. आर. डी

एम. आर. आई. फैलोशिप :

नानावती हॉस्पिटल, मुंबई

हिंदुजा हॉस्पिटल, मुंबई

पूर्व रेडियोलोजिस्ट :

फॉर्टिस हॉस्पिटल, नोएडा

जी. टी. बी. हॉस्पिटल, दिल्ली

रीजेंसी हॉस्पिटल लिमिटेड, कानपुर

जवाहर लाल नेहरू कैंसर हॉस्पिटल, भोपाल

DR. ANKITA VIJAYVARGIYA

MBBS, DMRD

MF Certified from

Fetal Medicine Foundation

Reg. No. MP-8932

MRI FELLOWSHIPS :

- NANAVATI HOSPITAL, MUMBAI
- HINDUJA HOSPITAL, MUMBAI

FORMER RADIOLOGIST AT:

- FORTIS HOSPITAL, NOIDA
- G.T.B HOSPITAL, DELHI
- REGENCY HOSPITAL LTD, KANPUR
- JAWAHAR LAL NEHRU CANCER HOSPITAL, BHOPAL

PATIENT'S NAME : MRS. SANJEETA

AGE/SEX : 39Y/F

REF. BY : DR. TEENA GUPTA (MBBS, MS)

DATE : 19.09.2025

OBSTETRIC USG (EARLY ANOMALY SCAN)

LMP: 22.06.2025

GA(LMP):12wk 5d

EDD : 29.03.2026

- Single live fetus seen in the intrauterine cavity in **variable** presentation.
- Spontaneous fetal movements are seen. Fetal cardiac activity is regular and normal & is 165 beats /min.
- **PLACENTA:** is grade I, anterior & not low lying.
- **LIQUOR:** is adequate for the period of gestation.

Fetal morphology for gestation appears normal.

- Cranial ossification appears normal. Midline falx is seen. Choroid plexuses are seen filling the lateral ventricles. No posterior fossa mass seen. Spine is seen as two lines. Overlying skin appears intact.
- No intrathoracic mass seen. No TR .
- Stomach bubble is seen. Bilateral renal shadows is seen. Anterior abdominal wall appears intact.
- Urinary bladder is seen, appears normal. 3 vessel cord is seen.
- All four limbs with movement are seen. Nasal bone well seen & appears normal. Nuchal translucency measures 1.7mm (WNL).
- Ductus venosus shows normal flow & spectrum with positive "a" wave (PI ~ 0.59)

FETAL GROWTH PARAMETERS

▪ CRL 60.5 mm	~	12	wks	4 days of gestation.
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- Estimated gestational age is **12 weeks 4 days** (+/- 1 week). EDD by USG : 30.03.2026
- Internal os closed. Cervical length is WNL (33.1 mm).
- Baseline screening of both uterine arteries was done with mean PI ~ 1.80 (WNL for gestation).

IMPRESSION:

- Single, live, intrauterine fetus of 12 weeks 4 days +/- 1 week.
- Gross fetal morphology is within normal limits.

Follow up at 19-22 weeks for target scan for detailed fetal anomaly screening.

Declaration : I have neither detected nor disclosed the sex of the fetus to pregnant woman or to anybody. (It must be noted that detailed fetal anatomy may not always be visible due to technical difficulties related to fetal position, amniotic fluid volume, fetal movements, maternal abdominal wall thickness & tissue ecogenicity. Therefore all fetal anomalies may not be detected at every examination. Patient has been counselled about the


(DR. ANKITA VIJAYVARGIYA)

First Trimester Screening Report

Yadav Sanjeeta

Date of birth : 27 December 1985, Examination date: 19 September 2025

Address: hno. 161 , om nagar
bagsewaniya
Bhopal
INDIA

Referring doctor: DR GUPTA TEENA

Maternal / Pregnancy Characteristics:

Previous chromosomally abnormal child or fetus: first trimester miscarriage fourth and second trimester miscarriage one .

Racial origin: South Asian (Indian, Pakistani, Bangladeshi).

Parity: 0.

Maternal weight: 74.0 kg; Height: 160.0 cm.

Smoking in this pregnancy: no; Diabetes Mellitus: no; Chronic hypertension: no; Systemic lupus erythematosus: dont know; Antiphospholipid syndrome: dont know; Patient's mother had preeclampsia: no.

Method of conception: Spontaneous;

Last period: 22 June 2025

EDD by dates: 29 March 2026

First Trimester Ultrasound:

US machine: GE Voluson S8. Visualisation: good.

Gestational age: 12 weeks + 5 days from dates

EDD by scan: 29 March 2026

Findings	Alive fetus	
Fetal heart activity	visualised	
Fetal heart rate	165 bpm	
Crown-rump length (CRL)	60.5 mm	
Nuchal translucency (NT)	1.7 mm	
Ductus Venosus PI	0.590	•
Placenta	anterior high	
Amniotic fluid	normal	
Cord	3 vessels	

Chromosomal markers:

Nasal bone: present; Tricuspid Doppler: normal.

Fetal anatomy:

Skull/brain: appears normal; Spine: appears normal; Heart: No TR.; Abdominal wall: appears normal; Stomach: visible; Bladder / Kidneys: visible; Hands: both visible; Feet: both visible.

Uterine artery PI: 1.80 equivalent to 1.120 MoM

Mean Arterial Pressure: 87.4 mmHg equivalent to 1.010 MoM

Endocervical length: 33.1 mm

Risks / Counselling:

Patient counselled and consent given.

Operator: DR. ANKITA VIJAYVARGIYA, FMF Id: 204664

Condition

Trisomy 21

Trisomy 18

Background risk

1: 86

1: 206

Adjusted risk

1: 1715

1: 4121

First Trimester Screening Report

Trisomy 13

1: 647

1: 12946

Preeclampsia before 34 weeks

1: 255

Fetal growth restriction before 37 weeks

1: 107

The background risk for aneuploidies is based on maternal age (39 years). The adjusted risk is the risk at the time of screening, calculated on the basis of the background risk and ultrasound factors (fetal nuchal translucency thickness, nasal bone, tricuspid Doppler, ductus venosus Doppler, fetal heart rate).

Risks for preeclampsia and fetal growth restriction are based on maternal demographic characteristics, medical and obstetric history, uterine artery Doppler and mean arterial pressure (MAP). The adjusted risk for PE < 34 weeks or the adjusted risk for FGR < 37 weeks is in the top 10% of the population. The patient may benefit from the prophylactic use of aspirin. All biophysical markers are corrected as necessary according to several maternal characteristics including racial origin, weight, height, smoking, method of conception and parity.

The estimated risk is calculated by the FMF-2012 software (version 2.81) and is based on findings from extensive research coordinated by the Fetal Medicine Foundation (UK Registered charity 1037116). The risk is only valid if the ultrasound scan was performed by a sonographer who has been accredited by the Fetal Medicine Foundation and has submitted results for regular audit (see www.fetalmedicine.com).

